



Health + Happiness = Wellness
Health Screening Packages



HEALTH SCREENING PACKAGES

Basic Health Screening

Advanced Health Screening

Advanced 2 Health Screening

Advanced Plus Health Screening

Premier Health Screening

Premier Plus Health Screening

Elite Health Screening

Elite Plus Health Screening

Remarks:

1. Reactive HIV screening test result must be sent to National HIV Reference Laboratory (NHRL) for further/confirmatory testing
2. National Public Health Unit must be notified of reactive HIV screening test result within 72 hours of diagnosis
3. Prices are subject to change without prior notice and are accurate at the time of printing
4. Prices are inclusive of GST



Basic Health Screening

♂ Male (\$407) ♀ Female (\$407)

Medical Assessment

- Pre-Health Screening Questionnaire
- Medical History & Risk Profile Screening
- Doctor's Consultation
- Physical Examination
- Height & Weight
- Body Mass Index
- Blood Pressure Reading

Evaluation & Report

- Post Examination Review & Recommendations
- Medical Report
- Health & Lifestyle Counselling

Laboratory Tests

Haematology Profile

Full Blood Count
ESR
ABO Grouping
PBF

Diabetic Panel

Fasting Blood Glucose
HBA1C

Renal Function

Urea
Creatinine
Sodium
Potassium
Chloride
Urine Microalbumin/
Creatinine Ratio

Bone & Joint Profile

Calcium
Phosphate
Uric Acid
Rheumatoid Factor (RF)

Lipid Profile

Fasting Blood Cholesterol
Triglycerides
HDL & LDL Cholesterol
Chol/HDL Ratio
hs C-Reactive Protein (CRP)

Liver Profile

Total Protein
Albumin
Globulin
A/G Profile
Total Bilirubin
Alkaline Phosphatase
SGOT
SGPT
GGT

Thyroid Profile

Free T3
Free T4
Thyroid Stimulating Hormone (TSH)

Hepatitis Profile

Hep A IgG Antibody
Hepatitis Bs Antigen
Hepatitis Bs Antibody
Hep C IgG Antibody

Urine/Stool Analysis

Urine FEME
Stool Occult Blood
Urine Microalbumin
Urine Creatinine
UrineMicroalbumin/
Creatinine Ratio

Cancer Markers

Alpha Fetoprotein (Liver)
Carcinoembryonic Antigen (Colon)
CA 19.9 (Pancreas)
EBV EA + EBNA-1 IgA (Nose)
Beta HCG (Germ Cell Tumour)
Prostate Specific Antigen(PSA) Ⓢ
CA125 (Ovary) ♀
CA 15.3 (Breast) ♀

Anaemia Profile

Folic Acid
Vitamin B12

STD Screen

VDRL & TPHA if "+"
HIV Antibodies

Cervical Screen

Pap Smear ♀

Hormone Profile

Testosterone (Testicle) Ⓢ
Estradiol E ♀

Advanced Health Screening

♂ Male (\$608) ♀ Female (\$630)

Medical Assessment

- Pre-Health Screening Questionnaire
- Medical History & Risk Profile Screening
- Doctor's Consultation
- Physical Examination
- Height & Weight
- Body Mass Index
- Blood Pressure Reading

Investigation

- Resting ECG

Imaging

- Chest Xray

Evaluation & Report

- Post Examination Review & Recommendations
- Medical Report
- Health & Lifestyle Counselling

Laboratory Tests

Haematology Profile

Full Blood Count
ESR
ABO Grouping
PBF

Diabetic Panel

Fasting Blood Glucose
HBA1C

Renal Function

Urea
Creatinine
Sodium
Potassium
Chloride
Urine Microalbumin/
Creatinine Ratio

Bone & Joint Profile

Calcium
Phosphate
Uric Acid
Rheumatoid Factor (RF)

Lipid Profile

Fasting Blood Cholesterol
Triglycerides
HDL & LDL Cholesterol
Chol/HDL Ratio
hs C-Reactive Protein (CRP)

Liver Profile

Total Protein
Albumin
Globulin
A/G Profile
Total Bilirubin
Alkaline Phosphatase
SGOT
SGPT
GGT

Thyroid Profile

Free T3
Free T4
Thyroid Stimulating Hormone
(TSH)

Hepatitis Profile

Hep A IgG Antibody
Hepatitis Bs Antigen
Hepatitis Bs Antibody
Hep C IgG Antibody

Urine/Stool Analysis

Urine FEME
Stool Occult Blood
Urine Microalbumin
Urine Creatinine
UrineMicroalbumin/
Creatinine Ratio

Cancer Markers

Alpha Fetoprotein (Liver)
Carcinoembryonic Antigen
(Colon)
CA 19.9 (Pancreas)
EBV EA + EBNA-1 IgA (Nose)
Beta HCG (Germ Cell Tumour)
Prostate Specific Antigen(PSA) Ⓞ
CA125 (Ovary) ♀
CA 15.3 (Breast) ♀

Anaemia Profile

Folic Acid
Vitamin B12

STD Screen

VDRL & TPHA if "+"
HIV Antibodies

Cervical Screen

Pap Smear ♀

Hormone Profile

Testosterone (Testicle) Ⓞ
Estradiol E ♀

Advanced 2 Health Screening

♂ Male (\$1,036) ♀ Female (\$1,058)

Medical Assessment

- Pre-Health Screening Questionnaire
- Medical History & Risk Profile Screening
- Doctor's Consultation
- Physical Examination
- Height & Weight
- Body Mass Index
- Blood Pressure Reading

Investigation

- Resting ECG

Imaging

- Chest Xray

Choose 1 of the following:

- Ultrasound Abdomen
- Ultrasound Thyroid
- Bone Mineral Density
- Ultrasound Prostate ♂
- Ultrasound Testicles ♂
- Ultrasound Breast ♀
- Ultrasound Pelvis ♀
- Mammogram ♀

Evaluation & Report

- Post Examination Review & Recommendations
- Medical Report
- Health & Lifestyle Counselling

Laboratory Tests

Haematology Profile

Full Blood Count
ESR
ABO Grouping
PBF

Diabetic Panel

Fasting Blood Glucose
HBA1C

Renal Function

Urea
Creatinine
Sodium
Potassium
Chloride
Urine Microalbumin/
Creatinine Ratio

Bone & Joint Profile

Calcium
Phosphate
Uric Acid
Rheumatoid Factor (RF)

Lipid Profile

Fasting Blood Cholesterol
Triglycerides
HDL & LDL Cholesterol
Chol/HDL Ratio
hs C-Reactive Protein (CRP)

Liver Profile

Total Protein
Albumin
Globulin
A/G Profile
Total Bilirubin
Alkaline Phosphatase
SGOT
SGPT
GGT

Thyroid Profile

Free T3
Free T4
Thyroid Stimulating Hormone
(TSH)

Hepatitis Profile

Hep A IgG Antibody
Hepatitis Bs Antigen
Hepatitis Bs Antibody
Hep C IgG Antibody

Urine/Stool Analysis

Urine FEME
Stool Occult Blood
Urine Microalbumin
Urine Creatinine
UrineMicroalbumin/
Creatinine Ratio

Cancer Markers

Alpha Fetoprotein (Liver)
Carcinoembryonic Antigen
(Colon)
CA 19.9 (Pancreas)
EBV EA + EBNA-1 IgA (Nose)
Beta HCG (Germ Cell Tumour)
Prostate Specific Antigen(PSA) ♂
CA125 (Ovary) ♀
CA 15.3 (Breast) ♀

Anaemia Profile

Folic Acid
Vitamin B12

STD Screen

VDRL & TPHA if "+"
HIV Antibodies

Cervical Screen

Pap Smear ♀

Hormone Profile

Testosterone (Testicle) ♂
Estradiol E ♀

Advanced Plus Health Screening

♂ Male (\$1,584) ♀ Female (\$1,605)

Medical Assessment

- Pre-Health Screening Questionnaire
- Medical History & Risk Profile Screening
- Doctor's Consultation
- Physical Examination
- Height & Weight
- Body Mass Index
- Blood Pressure Reading

Investigation

- Resting ECG
- Treadmill Stress Test

Imaging

- Chest Xray

Choose 2 of the following:

- Ultrasound Abdomen
- Ultrasound Thyroid
- Bone Mineral Density
- Ultrasound Prostate ♂
- Ultrasound Testicles ♂
- Ultrasound Breast ♀
- Ultrasound Pelvis ♀
- Mammogram ♀

Evaluation & Report

- Post Examination Review & Recommendations
- Medical Report
- Health & Lifestyle Counselling

Laboratory Tests

Haematology Profile

Full Blood Count
ESR
ABO Grouping
PBF

Diabetic Panel

Fasting Blood Glucose
HBA1C

Renal Function

Urea
Creatinine
Sodium
Potassium
Chloride
Urine Microalbumin/
Creatinine Ratio

Bone & Joint Profile

Calcium
Phosphate
Uric Acid
Rheumatoid Factor (RF)

Lipid Profile

Fasting Blood Cholesterol
Triglycerides
HDL & LDL Cholesterol
Chol/HDL Ratio
hs C-Reactive Protein (CRP)

Liver Profile

Total Protein
Albumin
Globulin
A/G Profile
Total Bilirubin
Alkaline Phosphatase
SGOT
SGPT
GGT

Thyroid Profile

Free T3
Free T4
Thyroid Stimulating Hormone
(TSH)

Hepatitis Profile

Hep A IgG Antibody
Hepatitis Bs Antigen
Hepatitis Bs Antibody
Hep C IgG Antibody

Urine/Stool Analysis

Urine FEME
Stool Occult Blood
Urine Microalbumin
Urine Creatinine
UrineMicroalbumin/
Creatinine Ratio

Cancer Markers

Alpha Fetoprotein (Liver)
Carcinoembryonic Antigen
(Colon)
CA 19.9 (Pancreas)
EBV EA + EBNA-1 IgA (Nose)
Beta HCG (Germ Cell Tumour)
Prostate Specific Antigen(PSA) ♂
CA125 (Ovary) ♀
CA 15.3 (Breast) ♀

Anaemia Profile

Folic Acid
Vitamin B12

STD Screen

VDRL & TPHA if "+"
HIV Antibodies

Cervical Screen

Pap Smear ♀

Hormone Profile

Testosterone (Testicle) ♂
Estradiol E ♀

Premier Health Screening

♂ Male (\$1,516) ♀ Female (\$1,558)

Medical Assessment

- Pre-Health Screening Questionnaire
- Medical History & Risk Profile Screening
- Doctor's Consultation
- Physical Examination
- Height & Weight
- Body Mass Index
- Blood Pressure Reading

Investigation

- Resting ECG

Imaging

- Chest Xray
- Ultrasound Abdomen
- Ultrasound Thyroid
- Ultrasound Prostate ♂
- Ultrasound Testicles ♂
- Ultrasound Breast ♀
- Ultrasound Pelvis ♀
- Mammogram ♀

Evaluation & Report

- Post Examination Review & Recommendations
- Medical Report
- Health & Lifestyle Counselling

Laboratory Tests

Haematology Profile

Full Blood Count
ESR
ABO Grouping
PBF

Diabetic Panel

Fasting Blood Glucose
HBA1C

Renal Function

Urea
Creatinine
Sodium
Potassium
Chloride
Urine Microalbumin/
Creatinine Ratio

Bone & Joint Profile

Calcium
Phosphate
Uric Acid
Rheumatoid Factor (RF)

Lipid Profile

Fasting Blood Cholesterol
Triglycerides
HDL & LDL Cholesterol
Chol/HDL Ratio
hs C-Reactive Protein (CRP)

Liver Profile

Total Protein
Albumin
Globulin
A/G Profile
Total Bilirubin
Alkaline Phosphatase
SGOT
SGPT
GGT

Thyroid Profile

Free T3
Free T4
Thyroid Stimulating Hormone
(TSH)

Hepatitis Profile

Hep A IgG Antibody
Hepatitis Bs Antigen
Hepatitis Bs Antibody
Hep C IgG Antibody

Urine/Stool Analysis

Urine FEME
Stool Occult Blood
Urine Microalbumin
Urine Creatinine
Urine Microalbumin/
Creatinine Ratio

Cancer Markers

Alpha Fetoprotein (Liver)
Carcinoembryonic Antigen
(Colon)
CA 19.9 (Pancreas)
EBV EA + EBNA-1 IgA (Nose)
Beta HCG (Germ Cell Tumour)
Prostate Specific Antigen (PSA) ♂
CA125 (Ovary) ♀
CA 15.3 (Breast) ♀

Anaemia Profile

Folic Acid
Vitamin B12

STD Screen

VDRL & TPHA if "+"
HIV Antibodies

Cervical Screen

Pap Smear ♀

Hormone Profile

Testosterone (Testicle) ♂
Estradiol E ♀

Premier Plus Health Screening

♂ Male (\$2,568) ♀ Female (\$2,568)

Medical Assessment

- Pre-Health Screening Questionnaire
- Medical History & Risk Profile Screening
- Doctor's Consultation
- Physical Examination
- Height & Weight
- Body Mass Index
- Blood Pressure Reading

Investigation

- Resting ECG
- Treadmill Stress Test

ENT Screening

Nasopharyngoscope

Imaging

- Chest Xray
- Ultrasound Abdomen
- Ultrasound Thyroid
- Ultrasound Prostate ♂
- Ultrasound Testicles ♂
- Ultrasound Breast ♀
- Ultrasound Pelvis ♀
- Mammogram ♀

Evaluation & Report

- Post Examination Review & Recommendations
- Medical Report
- Health & Lifestyle Counselling

Laboratory Tests

Haematology Profile

Full Blood Count
ESR
ABO Grouping
PBF

Diabetic Panel

Fasting Blood Glucose
HBA1C

Renal Function

Urea
Creatinine
Sodium
Potassium
Chloride
Urine Microalbumin/
Creatinine Ratio

Bone & Joint Profile

Calcium
Phosphate
Uric Acid
Rheumatoid Factor (RF)

Lipid Profile

Fasting Blood Cholesterol
Triglycerides
HDL & LDL Cholesterol
Chol/HDL Ratio
hs C-Reactive Protein (CRP)

Liver Profile

Total Protein
Albumin
Globulin
A/G Profile
Total Bilirubin
Alkaline Phosphatase
SGOT
SGPT
GGT

Thyroid Profile

Free T3
Free T4
Thyroid Stimulating Hormone
(TSH)

Hepatitis Profile

Hep A IgG Antibody
Hepatitis Bs Antigen
Hepatitis Bs Antibody
Hep C IgG Antibody

Urine/Stool Analysis

Urine FEME
Stool Occult Blood
Urine Microalbumin
Urine Creatinine
UrineMicroalbumin/
Creatinine Ratio

Cancer Markers

Alpha Fetoprotein (Liver)
Carcinoembryonic Antigen
(Colon)
CA 19.9 (Pancreas)
EBV EA + EBNA-1 IgA (Nose)
Beta HCG (Germ Cell Tumour)
Prostate Specific Antigen(PSA) ♂
CA125 (Ovary) ♀
CA 15.3 (Breast) ♀

Anaemia Profile

Folic Acid
Vitamin B12

STD Screen

VDRL & TPHA if "+"
HIV Antibodies

Cervical Screen

Pap Smear ♀

Hormone Profile

Testosterone (Testicle) ♂
Estradiol E ♀

Elite Health Screening

♂ Male (\$3,852) ♀ Female (\$3,852)

Medical Assessment

- Pre-Health Screening Questionnaire
- Medical History & Risk Profile Screening
- Doctor's Consultation
- Physical Examination
- Height & Weight
- Body Mass Index
- Blood Pressure Reading

Investigation

- Resting ECG
- 2D Echo
- Treadmill Stress Test

Imaging

- Chest Xray
- Ultrasound Abdomen
- Ultrasound Thyroid
- Ultrasound Carotid
- CT Cardiac Calcium
- Bone Mineral Density Hip & Spine
- Ultrasound Prostate ♂
- Ultrasound Testicles ♂
- Ultrasound Breast ♀
- Ultrasound Pelvis ♀
- Mammogram ♀

ENT Screening

- Nasopharyngoscope

Evaluation & Report

- Post Examination Review & Recommendations
- Medical Report
- Health & Lifestyle Counselling

Laboratory Tests

Haematology Profile

Full Blood Count
ESR
ABO Grouping
PBF

Diabetic Panel

Fasting Blood Glucose
HBA1C

Renal Function

Urea
Creatinine
Sodium
Potassium
Chloride
Urine Microalbumin/
Creatinine Ratio

Bone & Joint Profile

Calcium
Phosphate
Uric Acid
Rheumatoid Factor (RF)

Lipid Profile

Fasting Blood Cholesterol
Triglycerides
HDL & LDL Cholesterol
Chol/HDL Ratio
hs C-Reactive Protein (CRP)

Liver Profile

Total Protein
Albumin
Globulin
A/G Profile
Total Bilirubin
Alkaline Phosphatase
SGOT
SGPT
GGT

Thyroid Profile

Free T3
Free T4
Thyroid Stimulating Hormone
(TSH)

Hepatitis Profile

Hep A IgG Antibody
Hepatitis Bs Antigen
Hepatitis Bs Antibody
Hep C IgG Antibody

Urine/Stool Analysis

Urine FEME
Stool Occult Blood
Urine Microalbumin
Urine Creatinine
UrineMicroalbumin/
Creatinine Ratio

Cancer Markers

Alpha Fetoprotein (Liver)
Carcinoembryonic Antigen
(Colon)
CA 19.9 (Pancreas)
EBV EA + EBNA-1 IgA (Nose)
Beta HCG (Germ Cell Tumour)
Prostate Specific Antigen(PSA) ♂
CA125 (Ovary) ♀
CA 15.3 (Breast) ♀

Anaemia Profile

Folic Acid
Vitamin B12

STD Screen

VDRL & TPHA if "+"
HIV Antibodies

Cervical Screen

Pap Smear ♀

Hormone Profile

Testosterone (Testicle) ♂
Estradiol E ♀

Elite Plus Health Screening

♂ Male (\$6,848) ♀ Female (\$6,848)

Medical Assessment

- Pre-Health Screening Questionnaire
- Medical History & Risk Profile Screening
- Doctor's Consultation
- Physical Examination
- Height & Weight
- Body Mass Index
- Blood Pressure Reading

Investigation

- Resting ECG
- 2D Echo
- Treadmill Stress Test

Imaging

- Chest Xray
- Ultrasound Abdomen
- Ultrasound Thyroid
- Ultrasound Carotid
- CT Cardiac Calcium
- Bone Mineral Density Hip & Spine
- Ultrasound Prostate ♂
- Ultrasound Testicles ♂
- Ultrasound Breast ♀
- Ultrasound Pelvis ♀
- Mammogram ♀

ENT Screening

- Nasopharyngoscope

Digestive System Screening

- Gastroscopy
- Colonoscopy

Evaluation & Report

- Post Examination Review & Recommendations
- Medical Report
- Health & Lifestyle Counselling

Laboratory Tests

Haematology Profile

Full Blood Count
ESR
ABO Grouping
PBF

Diabetic Panel

Fasting Blood Glucose
HBA1C

Renal Function

Urea
Creatinine
Sodium
Potassium
Chloride
Urine Microalbumin/
Creatinine Ratio

Bone & Joint Profile

Calcium
Phosphate
Uric Acid
Rheumatoid Factor (RF)

Lipid Profile

Fasting Blood Cholesterol
Triglycerides
HDL & LDL Cholesterol
Chol/HDL Ratio
hs C-Reactive Protein (CRP)

Liver Profile

Total Protein
Albumin
Globulin
A/G Profile
Total Bilirubin
Alkaline Phosphatase
SGOT
SGPT
GGT

Thyroid Profile

Free T3
Free T4
Thyroid Stimulating Hormone
(TSH)

Hepatitis Profile

Hep A IgG Antibody
Hepatitis Bs Antigen
Hepatitis Bs Antibody
Hep C IgG Antibody

Urine/Stool Analysis

Urine FEME
Stool Occult Blood
Urine Microalbumin
Urine Creatinine
UrineMicroalbumin/
Creatinine Ratio

Cancer Markers

Alpha Fetoprotein (Liver)
Carcinoembryonic Antigen
(Colon)
CA 19.9 (Pancreas)
EBV EA + EBNA-1 IgA (Nose)
Beta HCG (Germ Cell Tumour)
Prostate Specific Antigen(PSA) ♂
CA125 (Ovary) ♀
CA 15.3 (Breast) ♀

Anaemia Profile

Folic Acid
Vitamin B12

STD Screen

VDRL & TPHA if "+"
HIV Antibodies

Cervical Screen

Pap Smear ♀

Hormone Profile

Testosterone (Testicle) ♂
Estradiol E ♀



290 Orchard Road #07-18 to 20 (**Lobby C**) Paragon Singapore 238859
T. (65) 6735 3000 E. enquiry@smg.sg

